

# Mentoring for Children of Prisoners

Accepting children in Marion & Polk Counties until Sept. 15<sup>th</sup>!

Mid Valley Mentors is a community-based nonprofit in Salem which provides free mentoring services for at-risk youth in Marion and Polk Counties.

## What is a mentor?

A mentor is a trusted friend who:

- Meets with your child weekly
- Connects your child to resources
- Offers support
- Engages your child in fun activities



## What would they do together?

- Play basketball or other sports
- Enjoy our Mentor Activity & Resource Center
- Arts & Crafts
- Attend community events
- Visit a museum

## How can mentoring help my child?

Children who have mentors:

- Are less likely to skip school
- Have more self-confidence
- Feel more supported
- Have better relationships with family
- Increase positive values
- Make better use of their time

## TO QUALIFY FOR OUR FREE SERVICES:

- Child must be 4-18 years of age, and
- Currently live in Marion or Polk Counties, and
- Have an incarcerated parent
- Space is limited to 20 new children, contact us today!



## HOW CAN MY CHILD GET A MENTOR?

- Call: 503-584-4865 (we accept collect calls)
- Email: [alma@midvalleymentors.org](mailto:alma@midvalleymentors.org)
- Write: 3030 Center St NE Salem OR 97301
- Fill out the "contact us" form on:

[www.MidValleyMentors.org](http://www.MidValleyMentors.org)

ENROLL BY  
SEPT 15!